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Advocating for Kids

2024 AAP Advocacy Report

Please review the [September 2024 AAP Advocacy Report](#), which summarizes the Academy's recent federal and state activities all in one place. With a wide array of child health issues under consideration in Washington and the states, the AAP and AAP state chapters continue to lead efforts to advance policies that optimize the health and well-being of children and adolescents while speaking out against harmful proposals that threaten to undermine these goals.

Delta Funds Water Fountains for Healthier Smiles

Delta Dental of Idaho has installed new Elkay® water fountains/bottle-filling stations at 12 schools across the state. This effort is part of the "Rethink Your Drink" program, which encourages kids to choose water over sugary drinks to support healthier smiles, oral health, and overall wellness. This program makes water more accessible in our local schools and also helps reduce the plastic waste from disposable bottles. Plus, each school received reusable water bottles and dental kits for students and staff! I have attached their press release for your information.

Here are the local schools benefiting from this initiative:

Aberdeen Middle School – Aberdeen, ID
AW Johnson Elementary – Firth School District, Firth, ID
Idaho Arts Charter Elementary – Nampa, ID
Kershaw Intermediate School – Sugar-Salem School District, Sugar City, ID
Kimberly High School – Kimberly, ID
Marsing High School – Marsing, ID
Middleton High School – Middleton, ID
Preston High School – Preston, ID
Rupert Elementary – Minidoka School District, Rupert, ID
Sage International School of Boise – Boise, ID
Sorensen Magnet School of the Arts and Humanities – Coeur d'Alene School District, Coeur d'Alene, ID
Sugar-Salem High School – Sugar City, ID

Upcoming Educational Opportunities/Meetings/Events

Early Years Conference 2024

We are excited to announce that registration for the Early Years Conference 2024 is now open!

Join us for an inspiring event featuring keynote speakers Dr. Kristie Pretti-Frontczak, Maya Payne Smart, and Dr. Richard Solomon. The conference will feature 25 workshops focused on various aspects of early care and education. You'll also have the chance to explore vendors and information booths onsite and participate in professional networking with the early childhood community. Attendees can earn IDHW CEU credits, IdahoSTARS training credits, and BSU teaching credits.

Registration includes a bag, notebook and pen, collapsible water bottle, and breakfast and lunch for both days.

Conference dates: November 14-15, 2024 Location: The Riverside Hotel in Boise, Idaho

Please visit our website to register:

<https://healthandwelfare.idaho.gov/services-programs/about-early-years-conference-2024>

Webinar: Depression and ADHD in Adolescents: A Parent's Guide to Understanding and Support

Families for Depression Awareness is presenting our free webinar — Depression and ADHD in Adolescents: A Parent's Guide to Understanding and Support — on Tuesday, November 12, 2024 from 7:00 to 8:30 PM ET/ 4:00 to 5:30 PM PT.

Why do teens dealing with ADHD often have depression as well? Why is it hard for the adults in their lives to tell the symptoms of one from the other? What can be done to treat them both? These are some of the questions we aim to answer in our upcoming webinar. Whether you're a parent, grandparent, or other caring adult, this webinar will equip you with practical skills and knowledge to better support adolescents navigating these challenges.

[Register to join us for a live webinar](#) discussion or watch on demand after it airs.

Save the Date

2025 White Coat Day and Winter Business/Award Dinner

When: Wednesday, February 12, 2025
White Coat Day (Idaho State Capitol): 8-11 a.m.
Winter Dinner (Cottonwood Grille): 5:30-8:00 p.m.

Spotlight on a Member

In Memoriam: Dr. Robert Lindsay

Dr. Robert Lindsay passed away on August 11 at the age of 75. Dr. Bob, as he was called by the thousands of kids he cared for, was a pediatrician in Boise for over 40 years. He was a member of the Idaho Chapter of the AAP and many children-focused work groups. He will be dearly missed by many.

Welcome to New or Returning ICAAP Members

We would like to warmly welcome to the Idaho Chapter of the AAP the following new or returning members:

David Babbel

Amy Barton

Tricia Beveridge

Matthew Cox

Michelle DeVoe

Peter Dyke

Susan Etheridge

Madeleine Gurke

Monica Hajdena-Dawson

Mehli Marcellus

Cali McAllister

Chandler McSpadden

Mikelle Mikesell

Meghan Murphy

Aspynn Owsley

Byron Pearce

Mark Peterson

Abbigail Shrontz

Faith Stirm

Gracie Strubel

Courtney Swantek

Jaynie Welsh

Resources

Video: Identify Youth Suicide Risk in Three Signs

Pediatricians and other pediatric health care professionals can follow a three-step clinical pathway to identify young people 12 and older who are at risk of suicide. [In this new video available here](#) from the AAP, Janet Lee, M.D., FAAP, takes you through the steps: screen patients 12 and older, briefly assess suicide safety, identify risk level and refer to care. [Click here for more clinical strategies](#) in the Blueprint for Youth Suicide Prevention.

AAP Center of Excellence on Social Media and Youth Mental Health Newsletter

This is a great resource. To view the October newsletter, go to [2024 October Newsletter \(contentsharing.net\)](#). Here is the link to subscribe to the newsletter. [Stay Up-To-Date on Center of Excellence Resources \(aap.org\)](#)

Barney Boxes – naloxone distribution boxes

CDH has been using opioid settlement funds to purchase low-barrier, naloxone distribution boxes, known as Barney Boxes. Purple is the color for International Overdose Awareness Day on August 31st.

CDH has been partnering with health care providers, treatment agencies, and community-based services to get Barney Boxes into the community. For each box, participating agencies have to sign an MOA with CDH, that essentially says they will order free Narcan from DHW, stock the box as often as needed, and participate in a yearly inventory asset process. Agencies essentially lease the boxes through CDH for the duration of the MOA, as it is CDH property being stored at another location. Participating agencies can also choose if they would like to stock xylazine testing strips, fentanyl testing strips, rescue breath shields, and other educational items in the box, that are provided for free by CDH's Drug Overdose Prevention Program.

Anyone interested in ordering a naloxone distribution box or to explore other overdose prevention and rescue kits provided by CDH, can view our storefront, [located here](#). Supplies are shipped for free to anyone that lives in CDH's footprint of Ada, Boise, Elmore, or Valley Counties.

If you have any questions, please let me know, I would be happy to help.

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Book Corner

Healthchildren.org – How to Share Books with your Baby

[How to Share Books With Your Baby - HealthyChildren.org](#)

Proud Books: Celebrating Hispanic Heritage Month (suggested books)

[Search: 18 results found for "Spanish*" – Cali's Books \(calisbooks.com\)](#)