

Idaho Perinatal Quality Collaborative News

February 2025

The Idaho Perinatal Quality Collaborative (IDPQC) works to promote evidence-based best practices in perinatal and neonatal care, reduce disparities, and improve the overall health and well-being of families. Together, we can achieve our goal of providing equitable, compassionate, and effective care to all who need it.



February is International Prenatal Infection Prevention Month



February is a time to raise awareness about the importance of preventing infections during pregnancy to protect both parent and baby. Prenatal infections can lead to serious complications, but many are preventable through proper prenatal care, vaccination and healthy habits. This month, let's focus on empowering expectant parents with the knowledge and resources they need to ensure a healthy pregnancy. Learn more [here](#).

Registration is Now Open for the IDPQC Annual Summit!

When: Friday, May 30, 2025

Where: Boise State University, Boise ID

Virtual attendance also available.

Attendance is **FREE** and topics will include:

- The State of the State: Maternal Health in Idaho
- Updates on Implementing the AIM Severe Hypertension in Pregnancy Patient Safety Bundle
- Workshop on hospital policy implementation



[Register Here](#)

If you are interested in tabling or sponsoring this event, please contact Phillip Wetmore at pwetmore@comagine.org.

Article: ProgenyHealth's 2025 Key Trends and Insights Report on Maternal & Infant Health

Progeny highlights emerging challenges and opportunities in maternal and infant healthcare. This report explores critical issues such as health equity, social determinants of health, and innovative care models aimed at improving outcomes for mothers and infants. It provides valuable insights for healthcare providers, payors, and policymakers working to enhance maternal and infant well-being. Read the full report [here](#).

Report: Maternal Mortality Rates in the United States, 2023

The Centers for Disease Control & Prevention (CDC's) latest report shows a decline in U.S. maternal mortality rates in 2023, marking progress in maternal health. However, significant racial disparities persist, with Black women continuing to face disproportionately high risks. The report also highlights variations in outcomes by age, emphasizing the need for continued focus on maternal health equity. Read the report [here](#).

Article: Infant Mortality Rates Declining, But Sudden Unexpected Infant Death Is on the Rise, Research Reveals

Infant mortality rates in the United States have declined by 24.2% since 1999, likely due to improved screening, treatment and access to care for pregnant people. Despite the decline in mortality, sudden unexpected infant death (SUID) rates increased by 11.8% between 2020 and 2022. It is difficult to identify a reason for rising SUID rates, but researchers believe respiratory viruses, substance use, and unhealthy infant sleep practices could be possible explanations. Read more [here](#).

Webinar: Maternal Mental Health (MMH) Forum



When: Tuesday, March 18, 9:30 a.m. – Wednesday, March 19, 2025 4 p.m. ET

Where: Livestream

Register [here](#).

Join the 2025 [Maternal Mental Health \(MMH\) Forum](#), where policymakers, payors, provider leaders and partners will come together to tackle challenges and solutions in maternal mental health care. The agenda will cover critical topics at the intersection of policy, payment, and practice, including federal and state MMH legislation, Medicaid and postpartum care reimbursement, mental health provider payment gaps, and integrating behavioral health into maternal care. Discussions will also address equity in maternal mental health, focusing on preterm birth, NICUs, and financial strategies to reduce parental stress. CE credits will not be offered for this event.

AAP Journal Blog: A Look Into the Role of Hospitals in Modeling and Educating on Safe Sleep in the Newborn Period

Unsafe sleep is associated with more than 70% of sudden unexpected infant deaths. The Pennsylvania Department of Health investigated the effectiveness of its hospital-based safe sleep initiative using the Pregnancy Risk Assessment Monitoring System's mother-infant dyad data from 2017 to 2021. Patients who were exposed to the safe sleep initiative exhibited safer sleep overall and were almost 40% more likely to recommend safe practices to others. Read more on the topic [here](#).

Initiative: Maternal Health Awareness Day Recap

Observed on Jan. 23 2025, Maternal Health Awareness Day highlighted the ongoing efforts to address maternal mortality and improve health outcomes for birthing people across the U.S. This year's focus emphasized the importance of equitable access to care, policy advancements, and community-driven solutions to reduce disparities in maternal health. Although the day has passed, the conversation and efforts continue year-round to ensure every parent receives the care they need. Learn more about the initiative [here](#).



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Follow the IDPQC Activity Summary Basecamp Page to learn more about the development process of the PQC [here](#). For more information about the IDPQC, visit idahopqc.org.



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