



### Advocating for Kids

**We would like to announce the following additions to our Executive Committee:**



**Jennifer Salame, M.D. – Early Career Physician:** Dr. Salame is a pediatric hospitalist with St. Luke's. She earned her medical degree at Loma Linda University. Following that, she completed her pediatric residency and chief year at Phoenix Children's Hospital. She relocated to Idaho along with her husband and children in 2021. She is looking forward to executive committee participation as a representative of early career physicians as they take the leap into independent practice. Outside of work you will find her living her best mom life—attending school activities and library story times, party planning, baking, and exploring parks!



**Sivani Kuruvada, M.D. – Resident Representative:** Dr. Sivani Kuruvada was born in India. When she was just six months old, she and her family immigrated to Mason, Ohio in the US. She lived there for a decade before moving back to Hyderabad, India where she completed high school and went to medical school at the Apollo Institute of Medical Sciences and Research. Sivani is also a professionally trained Indian classical dancer in the South Indian dance form "Kuchipudi". She has been dancing since she was three and has given several performances all over the world, and even set up her own dance school in India in 2018. Her passion for teaching and working with young children coupled with her interest in medicine strengthened her love for Pediatrics. She always knew she wanted to be a pediatrician and is very excited to be a part of the first class of pediatric residents in the state of Idaho!



“The American Academy of Pediatrics Leadership Meeting took place in Ithaca at the AAP Headquarters from August 3-6, and many wonderful resolutions were discussed and reviewed and the Idaho Chapter was represented by Jared and Cristina “

Support your Idaho AAP Chapter and join by visiting the National AAP website and selecting membership in the Idaho Chapter.

### Upcoming Educational Opportunities/Meetings

**September 14 from 6-7pm** – Encore presentation of the April Pediatric Grand Rounds event - Promoting Lead Screening and Testing in Idaho: MaryKate Cardon, DNP, APRN, CPNP-PC, - University of Washington; Kelly Berg, REHS, Brigitta Gruenberg, M.Edu., REHS - Idaho Department of Health & Welfare. For more information and to register, go to [Children's Pediatric Professional Education](#):

### New Idaho AAP Member

Congratulations to Dr. Andrea Prasch, our secretary/treasurer, on the arrival of a new baby boy, Landon Scott. We welcome this newest member.

### Book Corner

Dr. Shelly Vaziri Flais wants to help raise better men. It might sound like an ambitious undertaking, but the future health and happiness of our sons and daughters may depend on it. In her new book, “Nurturing Boys to Be Better Men: Gender Equality Begins at Home” (American Academy of Pediatrics, \$18.95), the pediatrician and mother of four gives parents the tools they need to start the lifelong process of raising their sons into men who are mentally healthy, empathetic, and committed to gender equality.

When Dr. Flais was pregnant with her twin sons (with a toddler boy already at home), the thought of raising three future men lead her to give the topic of gender equality serious, practical consideration. She wondered, “What steps could I take as a parent to defy prevalent generational and societal messages like male stereotypes and toxic masculinity? How could I help my sons not only become full humans in touch with their creative, nurturing sides, as much as their athletic, physical sides, but also become empathic, educated allies.

“Nurturing Boys to Be Better Men” also includes relatable stories from Dr. Flais’s own family along with those she’s worked with during her many years as a primary care pediatrician. The anecdotes and the science both serve to emphasize the benefits of gender equality for boys and girls, men and women, not only in the context of the family but also the extended family, school, and greater community.

#### **About the author**

*Shelly Vaziri Flais, MD, FAAP, is a board-certified practicing pediatrician, the mother of 3 sons and 1 daughter, and an assistant professor of clinical pediatrics at Northwestern University Feinberg School of Medicine and Ann & Robert H. Lurie Children's Hospital of Chicago. She is the author of Raising Twins, editor in chief of Caring for Your School-Age Child, and coeditor of The Big Book of Symptoms. She is an American Academy of Pediatrics spokesperson and frequent media contributor who lives in the Chicago suburbs.*