



IDAHO CHAPTER  
American Academy of Pediatrics

## NEWSLETTER

### Advocating for Kids

AAP offers a new digital guide to help members sharpen advocacy skills. Visit [www.aap.org/advocacyguide](http://www.aap.org/advocacyguide).

### Resources

Skin Patch Reduces Peanut Allergy in Toddlers: Researchers have developed a skin patch to treat young children with severe peanut allergies. In a study of toddlers ages 1 to 3, about two-thirds of the children who wore the patch coated with a tiny amount of peanut protein could safely eat up to four peanuts after a year, according to the findings published in the New England Journal of Medicine (findings available to subscribers only). Here is the link to a Smithsonian Magazine article with some of the information. [A Skin Patch Could Help Allergic Toddlers Tolerate Peanuts | Smart News | Smithsonian Magazine](#)

Tobacco use -the leading preventable cause of disease and death in the US-almost always starts in childhood or adolescence. Pediatricians can take a variety of evidence-based approaches to protect families from the harms of tobacco and how to help kids live tobacco free lives. Check out the documents from the AAP section on Nicotine and Tobacco prevention and treatment and committee on Substance use prevention at AAP.org and the new policy published in the May issue of Pediatrics.

### **FDA Advisers Recommend Updated COVID-19 Vaccine Targeting XBB Variant For The Fall**

The [New York Times \[mailview.bulletinhealthcare.com\]](#) (6/15) reports, "Vaccine makers should target the XBB variant of the coronavirus in a shot to be available in the fall, moving away from the existing formula that protected against the Omicron variant and an early form of the virus, an advisory panel to the Food and Drug Administration agreed on Thursday." The panel "unanimously recommended that manufacturers should aim at the most dominant variant of the coronavirus this summer." Pfizer, Moderna and Novavax have indicated "that they need time to make tens of millions of doses of the shots that would be available in the fall."

**AAP News:** [FDA panel recommends updating COVID vaccine to target XBB variants \[mailview.bulletinhealthcare.com\]](#)

Attached is an informational flyer for the new Comfort Ability Program (CAP), a 6-hour group intervention for adolescents with chronic pain or functional disorders (functional abdominal pain, functional neurological conditions, chronic nausea, etc.) and their parents. The first group starts September and the plan is to run a group every month with enough referrals. The group is open to anyone in the state of Idaho and will periodically offer a virtual option to reach kids across the state. If you have any questions about the group or referral process, please contact Dr. Kelsy Newton ([newtonk@slhs.org](mailto:newtonk@slhs.org)) or Dr. Mikaela Sebree ([sebream@slhs.org](mailto:sebream@slhs.org)).

Bureau of Rural Health and Primary Care implements programs and provides resources to improve access to healthcare in Idaho's rural and underserved areas. These efforts include clinician and nursing loan repayment programs, health workforce initiatives, health professional shortage area designations, education and resources for critical access hospital, rural health clinics, free medical clinics, and support for the transition to value-based healthcare. For further information, visit [Rural Health and Underserved Areas | Idaho Department of Health and Welfare](#). Info provided by Gina Pannell, Bureau Chief.

### Upcoming Educational Opportunities/Meetings

**September 14 from 6-7pm** – Encore presentation of the April Pediatric Grand Rounds event - Promoting Lead Screening and Testing in Idaho:

MaryKate Cardon, DNP, APRN, CPNP-PC, - University of Washington; Kelly Berg, REHS, Brigitta Gruenberg, M.Ed., REHS - Idaho Department of Health & Welfare.

For more information and to register, go to [Children's Pediatric Professional Education](#):

### Community Partners

Sherry Iverson, our Executive Director was recently appointed by Gov. Brad Little to serve on the Idaho's Children's Trust Fund Board of Directors. Sherry will be representing Region 4 in our state and is the only health care professional on this board. Sherry is excited to be actively working on prevention child abuse in the state.

### New Idaho AAP Member

We would like to welcome our new member:  
Suzanne Rogers, DO FAAP

### Book Corner

#### **Listen to Pediatrics On Call, the Podcast for Pediatricians By Pediatricians**

Pediatrics On Call is a podcast on children's health from the AAP. Each episode features interviews about new research and hot topics in the field of pediatrics. Hear about the most important innovations in pediatrics, from the people who are behind them. Co-hosts – pediatricians David Hill, MD, FAAP, and Joanna Parga-Belinkie, MD, FAAP – draw on their expertise and training as physicians, as well as their many conversations with families and their experiences as parents to inform their interviews. The podcast is available on Apple Podcasts, Google, Spotify, and wherever podcasts are found. Learn more at [aap.org/podcast \[mailview.bulletinhealthcare.com\]](#).