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## Book Corner

Proud Book: Not All Pickles are Green

#### **Advocating for Kids**

#### ICAAP 2025 White Coat Day and Winter Business/Award Dinner

Just a reminder to please join us at the State Capitol at 8:00 a.m. on Wednesday, February 12 for White Coat Day and/or join us that evening for our winter business and award dinner at the Cottonwood Grille in Boise on at 5:30. For questions or to RSVP please reach out to Sherry or Marilyn at idahoaap@gmail.org.

#### **Minor Consent Legislation**

The Idaho chapter of the AAP along with the Idaho Academy of Family Physicians and many other health care providers worked to develop the **attached fact sheet** to share with legislators outlining the impact of the parental rights in medical-decision-making act that was passed last year. We are working with this coalition to bring some legislation to help manage the logistic barriers that impact access of healthcare. Please reach out to your state legislators and share how these barriers have made it almost impossible to take care of minors. Your personal stories can have a big impact.

## **Spotlight on a Member**

## Dr. Mark Urban

Congratulations to Dr. Mark Urban for his reappointment to the Idaho EMS Physician Commission, where he will represent the AAP. Thank you, Dr. Urban.

## **Spotlight on a Member**

#### Dr. Anja Tjaden

Dr. Anja Tjaden is dedicated to delivering exceptional healthcare services for infants, children, and adolescents. Her clinical interests span a wide spectrum of pediatric care, including preventive medicine, childhood development, adolescent medicine, and management of acute and chronic pediatric illnesses. Her holistic approach to patient care emphasizes open communication and collaborative decision-making with families, ensuring that every child receives personalized and comprehensive treatment. Passionate about promoting children's health beyond the clinic, Dr. Tjaden has actively participated in community health initiatives including lobbying for river safety measures at the Oregon legislature and volunteer programs focused on providing access to community gardens for low-income families.

Dr. Tjaden was born and raised in Boise, and in her free time, she enjoys good books, hiking, biking, skiing and surfing. You might find her spending time outside with her family and dogs or searching for the best ice cream in Boise.

We welcome her to our chapter.

#### **Resources**

#### 2025 Immunization Schedule

The Centers for Disease Control and Prevention (CDC) has released the 2025 <u>immunization schedules</u>. The most significant updates are related to COVID-19, meningococcal B and *Haemophilus influenzae* type b vaccines. The schedules incorporate policies approved over the past year and tweaks to improve clarity and readability. They have been endorsed by the AAP, which has published a policy statement detailing the updates. Learn more in AAP News.

#### **Gun Safe Resource:**

The book *Under the Gun – An ER Doctor's Cure for America's Gun Epidemic* by Cedric Dark, MD, MPH is a great resource for care providers. It is an excellent book that you can purchase directly from the publisher.

#### 988 Suicide & Crisis Lifeline

The 988 Suicide & Crisis Lifeline took 10 million calls, text messages and online chats in its first two years of operation, according to the U.S. Department of Health and Human Services (HHS).

While those data are not broken down by age group, a pediatrician who serves on the Alaska 988 Steering Committee said the crisis line is a crucial resource for young people who may view the quest for mental health care as "demoralizing."

"Having them know that there is someone they can talk to as needed at any time brings a sense of relief and comfort to families and children," said Elisa Rosier, M.D., FAAP.

Funded by the Substance Abuse and Mental Health Services Administration, the 988 Lifeline launched on July 16, 2022, as a replacement for the National Suicide Prevention Lifeline. It connects callers, texters and chatters to a counselor at one of more than 200 affiliated crisis centers across the country.

Transitioning from a standard 10-digit phone number to a three-digit emergency number was meant to boost visibility and accessibility for the 24-hour service. The texting and chatting components add to that accessibility. Those options provide an "easy entry" into getting help, Dr. Rosier said.

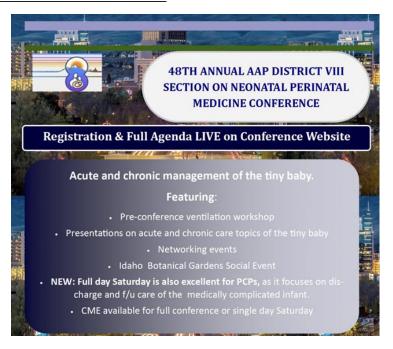
When she sees teens during an office visit, Dr. Rosier asks them to pull out their phone and create a contact for 988.

"I have them put a little note in there that you can call or text 24/7," she said. "And when I ask the teenager — who's been told to put his phone away — to take out his phone, I get a really good response."

For additional information, go to <a href="https://publications.aap.org/aapnews/news/30952/988-s-texting-chatting-options-give-youths-in?searchresult=1">https://publications.aap.org/aapnews/news/30952/988-s-texting-chatting-options-give-youths-in?searchresult=1</a>

## **Upcoming Educational Opportunities/Meetings/Events**

## 48th Annual AAP District VIII SONPM Conference



For additional information go to: https://district8sonpm.org/

## Register Here

# Registration Now Open for the Idaho Perinatal Quality Collaborative (IDPQC) Annual Summit

Join the Maternal and Child Health Program of the Idaho Department of Health and Welfare, and Comagine Health for the annual IDPQC Summit this May. This free summit is open to anyone actively engaged with the IDPQC, and anyone interested in future engagement or implementation of other maternal quality improvement efforts.

#### Summit topics will include:

- The State of the State: Maternal Health in Idaho
- Updates on Implementing the AIM Severe Hypertension in Pregnancy Patient Safety Bundle
- Workshop on hospital policy implementation

#### Attendance is free.

Date: Friday, May 30, 2025

#### Location:

- Boise State University
- · Virtual attendance is also available





## **Upcoming Educational Opportunities/Meetings/Events (cont.)**

## Free Webinar: Partnering for Prevention: Sleep Product Safety & Reporting

Tuesday, February 4, 2025 10:00 – 11:00 am CST | 11:00 – 12:00 pm EST

This free webinar, featuring Dr. Rachel Moon (University of Virginia School of Medicine) and Dr. Jonathan Midgett (U.S. Consumer Product Safety Commission), will review the current sleep product regulatory landscape and emphasize the importance of injury reporting mechanisms to improve the safety and well-being of infants and families. During this webinar, participants will learn from the experts on how to help parents and caregivers make informed decisions on safe sleep products, discover the role fatality review teams play in identifying product-related deaths, and understand the need and resources to report injuries and deaths to the U.S. Consumer Product Safety Commission. Continuing Medical Education credit will be offered to those who attend the webinar. For any questions, please contact Erika Pufunt, Program Manager, at epufunt@aap.org.

Register Here: <a href="https://aap.webex.com/weblink/register/re66d69e780e72c74498d3288c8cb30a9">https://aap.webex.com/weblink/register/re66d69e780e72c74498d3288c8cb30a9</a>

## OnCall4Kids Day of Legislative Advocacy – 04/08/2025 Fly-In

About the Fly-In:

CALLING ALL HEALTHCARE WORKERS!! We want YOU to come join us in DC for our next day of legislative advocacy! Over the past two years, we have made incredible progress - let's keep up the momentum!!

On Call4 Kids has now participated in hundreds of meetings with lawmakers and other offices of the executive branch. We have also had nearly 100 participants at each of our fly-ins, and we have and represented over 35 states in meetings. On Tuesday, April 8th, On Call4 Kids is headed back to DC to meet with the new Congress during the first 100 days of the new administration. We hope to be joined by all types of health care workers to address gun violence as a non-partisan public health crisis. It remains the number one cause of death of children in America. We are ready to represent all 50 states, so please join us and pass on our RSVP to other colleagues across the country!

This is an IN-PERSON ONLY event. At this time, there are financial stipends available for the first two people from each state who RSVP to attend. All of our fundraising is through the March Fourth platforms ince we share a common goal of passing a federal assault weapons ban. Please be assured that 100% of the funds raised from our fundraising link will go towards sending OnCall4Kids healthcare workers to DC. We remain very grateful to March Fourth for the help and platform they give to us to fundraise. However, on the Hill, we remain our own coalition of healthcare workers and we represent science and personal experience only.

We will again be lobbying for three bills that could save lives:

- Assault Weapons Ban/GOSAFE Act
- Background Check Expansion Act (Universal Background Checks)
- Ethan's Law (Secure Storage)

Please answer the questions below IF YOU WANT TO ATTEND IN PERSON MEETINGS IN DC on 04/08/2025. Plan to be available from 8a-5pm to accommodate last minute changes in meeting times. For those that join us, we will host very informative info sessions and lobby training to ensure that everyone is prepared. If you can't attend, please send the link to any friends/co-workers who may be interested in this cause! If you want to help sponsor a healthcare worker to attend in your place, please consider donating on our website - www.oncall4kids.org.

Thank you from your OnCall4Kids team!

#### **Book Corner**

Proud Book: *Not All Pickles are Green* by Suzanne T. Christian – a colorful read aloud diversity and inclusion book for toddlers