

ECHO IDAHO

Pediatric Behavioral Health

Specialist support for pediatric behavioral health

Led by a panel of subject matter experts based in Idaho, this series will help build your confidence as you learn best practices for treating common pediatric mental health conditions in children, including depression, anxiety, trauma, suicide, comorbidity, substance use disorders and more.

Connect with peers from around the state to discuss what really works and get feedback on patient cases. Each drop-in session is designed to be collaborative, engaging, and immediately applicable to your practice.

Interdisciplinary panel includes Pediatrician, Pediatric psychiatrist, Pharmacist, School Nurse, and Parent Advocate.

What does ECHO Idaho offer?

- Free CME for health care professionals
- Collaboration, support and ongoing learning with experts and other physicians/care teams
- Better care for patients in their home community

How does it work?

- Join 1-hour online video conferences for 14 scheduled sessions
- Sign up to participate to receive regular emails with login information, agendas and resources. Discuss and share:
 - Case presentations by participants
 - A brief, high-yield didactic presentation by pediatric behavioral health experts.

**10 ECHO SESSIONS
HELD VIRTUALLY**

**2nd and 4th Thursdays
1 - 2 p.m. Mountain time
Noon to 1 p.m. Pacific time**

Audience: The target audience is primary care providers, but all clinicians are welcome.

Cost: Participation in ECHO Idaho is free for clinicians and organizations!

Learn more and sign up for ECHO Idaho at www.uidaho.edu/echo

If you miss a session, recordings are available on the website.

Questions? Contact us at echoidaho@uidaho.edu or 208-364-4608.



University of Idaho
WWAMI Medical Education



Why ECHO Idaho Pediatric Behavioral Health?

Nearly 1 in 5 children living in the U.S. today has a clinically diagnosed mental health disorder. In Idaho, a state where most counties have less than one pediatrician for every 10,000 children, pediatric behavioral health professionals cannot meet demand and many families find themselves relying on a primary care or family medicine specialist as a trusted source of information and care for their children's behavioral health needs.

SCHEDULE AND TENTATIVE TOPICS

5/13/2021	Suicide Assessment and Medication Management
5/27/2021	Screening Tools and Comorbid Conditions
6/10/2021	Management of Anxiety and Depression
6/24/2021	ADHD
7/8/2021	Adolescent Eating Disorders
7/22/2021	Types of Therapy
8/12/2021	Strengthening Primary Care and School Health Systems
8/26/2021	Managing Crisis Care for Families with Children with a Serious Emotional Disturbance (SED)
9/9/2021	Health Care Transition (featuring Dr. Patience White, MD, MA, FAAP, MACP)
9/23/2021	Health Care Transition from the Parent Perspective

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Text @[echopedsbh](https://twitter.com/echopedsbh) to 81010 to sign up for text reminders.

The University of Idaho, WWAMI Medical Education Program is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Idaho, WWAMI Medical Education Program designates each live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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MEET OUR TEAM



Gretchen Gudmundsen, PhD

Psychologist, St. Luke's Children's Center for Neurobehavioral Medicine, Boise



Angela Lindig, BS

Executive Director, Idaho Parents Unlimited



Thomas Patterson, MD

Pediatrician, Family Medicine Residency of Idaho, Boise



Renee Robinson, PharmD, MPH, MSPH

Associate Professor of Pharmacy, Idaho State University



Sue Ropski, RN, MS, MPA, NCSN

School Nurse, Meridian Elementary



Cristopher Streeter, MD

Medical Director and Pediatric Psychiatrist, St. Luke's Children's Behavioral Health, Boise



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